

Steve Sisolak
Governor



Richard Whitley
Director

State of Nevada
Department of Health and
Human Services

Respite Services in Nevada

Aging and Disability Services Division

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Helping people. It's who we are and what we do.



Agenda

1. Types of Respite in Nevada
2. How to Access Respite
3. Traditional Models of Respite
4. Challenges



Types of Respite

In-Home

- Homemaker services
- Personal Care or home health agency
- Family/Friend
- Volunteers

Out of Home

- Adult Day Care
- Residential

Caregiver Support

- Chronic Disease Self-Management
- Care Partner trainings
- Evidence-based programming



Respite in Nevada: How To Access

Public Programs

- Home and Community Based Waiver: Frail Elderly (HCBS- FE) and Physically Disabled (PD)
- Personal Assistance Services program
- Older American Act funding
- Independent Living Grants/ Funds for a Healthy Nevada

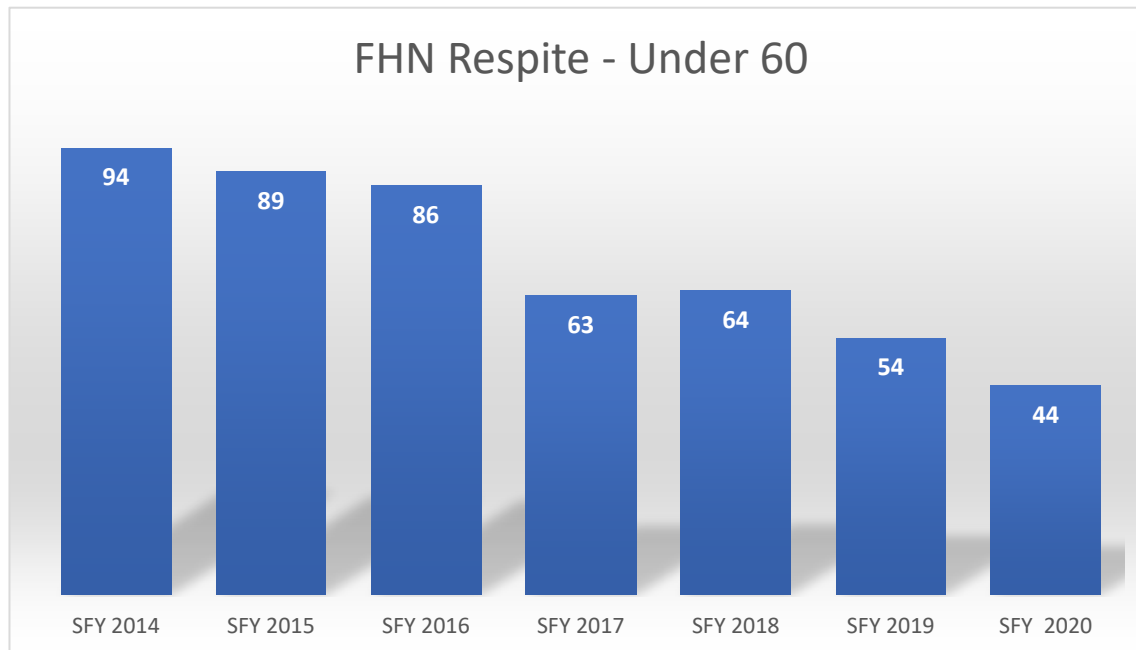
Other Options

- Private pay agencies
- Faith based organizations
- Other family/friends
- Non-profit organizations
- Evidence-Based Caregiver Support programs



FHN – Independent Living Grants

- NRS 439.630 allows for ADSD's allocation of Fund for Healthy Nevada dollars to be used to provide respite services to any individual with Alzheimer's or other dementia.



Traditional Models

- Voucher Systems
 - Provider agencies
- Volunteer Based
- Self-Directed Vouchers
 - Choice and control
- Cost Sharing/Sliding Fee Scale
 - Income vs. Need consideration
 - State Examples



Respite - Challenges

- Complexity of Individual Needs
 - Level of Care Need
- Caregiver Knowledge of Respite
 - Recognizing the need
 - Accepting respite
 - Scheduling regular breaks
- Availability of respite
 - Gap between public programs and private pay
 - Workforce Training
- Evidence Based Programs
 - Cost to implement and sustain
 - Staff Turnover
 - Program Fidelity
- Funding
 - Older American Act limitations
 - One time vouchers





Questions?





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